



EFFECTIVE JUNE 1 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30AM MAX STRENGTH MICHELE K GROUP FITNESS STUDIO	8:30AM HALO CIRCUIT SEEMA B GROUP FITNESS STUDIO	8:30AM CYCLE MICHELE K CYCLE STUDIO	8:30AM STACKED MIKKI M GROUP FITNESS STUDIO	8:30AM BURN MICHELE K GROUP FITNESS STUDIO	8:30AM TOTAL BODY PUMP MICHELE K GROUP FITNESSSTUDIO	8:30AM CYCLE PATRICK M CYCLE STUDIO
9:30AM CYCLE SEEMA B CYCLE STUDIO	9:30AM ZUMBA REED D GROUP FITNESS STUDIO	9:30AM SCULPT & BURN MICHELLE KAZZ GROUP FITNESS STUDIO	9:30AM CORE & RESTORE YOGA MIKKI M GROUP FITNESS STUDIO	8:30AM PILATES CHAIR & REFORM SEEMA B GROUP FITNESS STUDIO	9:30AM CYCLE MICHELE K CYCLE STUDIO	9:30AM BURN PATRICK M GROUP FITNESS STUDIO
						10:30AM YOGA FLOW MIKKI M MIND BODY STUDIO
	5:45PM CYCLE CHAD D CYCLE STUDIO					
6:00PM CIRCUIT FIT MIKKI M GROUP FITNESS STUDIO	6:00PM SCULPT ALLY G GROUP FITNESS STUDIO		6:00PM HALO SCULPT MERYL R GROUP FITNESS STUDIO			
	6:30PM H2O FIT BRITTANY POOL	6:30PM RESTORATIVE YOGA TRICIA L MIND BODY STUDIO	6:30PM H2O FIT SEEMA B POOL			