

THANKSGIVING WEEKEND GROUP CLASS SCHEDULE

201-282-5225

WEDNESDAY 11/24	THURSDAY 11/25	FRIDAY 11/26	SATURDAY 11/27	SUNDAY 11/28
Club Hours: 5:00am-10:00pm	Club Hours: 7:00am-1:00pm	Club Hours: 7:00am-1:00pm	Club Hours: 7:00am-6:00pm	Club Hours: 7:00am-6:00pm
5:30AM CYCLE CHAD D CYCLE STUDIO				
	8:00AM STRONG LULI V GROUP FITNESS STUDIO		8:00AM CYCLE MICHELE K CYCLE STUDIO	
8:30AM HALO SEEMA B GROUP FITNESS STUDIO		8:30 - 10:00AM!! BURN IT OFF BOOTCAMP GREG R GROUP FITNESS STUDIO	8:00AM HATHA YOGA LORRAINE MIND BODY STUDIO	8:30AM VINYASA YOGA TRICIA L MIND BODY STUDIO
9:30AM CYCLE MICHELE K CYCLE STUDIO	9:30AM ZUMBA LULI V GROUP FITNESS STUDIO	9:30AM CYCLE SHERI M CYCLE STUDIO	9:00AM STEP ALLY G GROUP FITNESS STUDIO	8:30AM CYCLE PATRICK M CYCLE STUDIO
9:30AM ENERGY CIRCUIT AMY LEDLOW GROUP FITNESS STUDIO			9:00AM MAX STRENGTH MICHELE K MIND BODY STUDIO	9:30AM BURN SEEMA B GROUP FITNESS STUDIO
			10:00AM BODY SCULPT ALLY G GROUP FITNESS STUDIO	9:30AM PILATES BOOTCAMP ANNE S MIND BODY STUDIO
10:30AM H2O RUN SEEMA B POOL		10:30AM H2O FIT SHERI M POOL		10:30AM H2O FIT SEEMA B POOL
6:30PM PILATES BARRE ANNE S MIND BODY STUDIO				
REFORMER *\$200 / 8 PAK OF CLASSES				
9:30AM ANNE S			9:30AM ANNE S	
7:30PM ANNE S				